

## The RSE Curriculum at Warden Hill Primary School



We want all our children at Warden Hill to grow up healthy, happy, safe and able to manage challenges and opportunities in modern Britain. Our PSHE curriculum is designed to equip your child with the knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. As part of this, our RSE curriculum has the building blocks for positive and safe relationships, including with family, friends and on-line.

### Key Outcomes:

- The children will be taught what a relationship is, what family means and who can support them.
- In an age appropriate way, we will cover how to treat each other with kindness, consideration and respect.
- The children will learn about keeping clean and the importance of hygiene.
- By the end of KS2, children will have been taught about caring friendships, respectful relationships, online relationships and being safe.
- The children will learn about how their body changes and the emotions associated with puberty.

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
What I am responsible for: <ul style="list-style-type: none"> <li>▪ Cleaning teeth</li> <li>▪ Putting on clothes</li> <li>▪ Eating</li> </ul> Growing stages of life: <ul style="list-style-type: none"> <li>▪ What I couldn't do but can do now</li> <li>▪ Similarities and differences</li> </ul> People who help us: <ul style="list-style-type: none"> <li>▪ Knowing the adults who are responsible for looking after us</li> </ul> Hygiene: <ul style="list-style-type: none"> <li>▪ Handwashing, looking after hair and nails</li> </ul>	Life Cycles: <ul style="list-style-type: none"> <li>▪ The frog</li> <li>▪ Humans</li> </ul> Valuing own bodies: <ul style="list-style-type: none"> <li>▪ Uniqueness</li> <li>▪ Physical characteristics</li> </ul> Personal Hygiene: <ul style="list-style-type: none"> <li>▪ Good and bad hygiene</li> </ul>	External body parts: <ul style="list-style-type: none"> <li>▪ Specific names for reproductive organs – penis, vulva, breast</li> </ul> Differences: <ul style="list-style-type: none"> <li>▪ Between boys and girls – challenging stereotypes</li> </ul> Where babies come from: <ul style="list-style-type: none"> <li>▪ Flowers from seeds</li> <li>▪ Chicks from eggs</li> <li>▪ Babies are made when an egg from the mother meets the sperm from the father and a baby grows inside a mother</li> </ul>	Similarities and differences: <ul style="list-style-type: none"> <li>▪ Recognise main organs in the body</li> <li>▪ Reproductive organs ovaries and testicles</li> <li>▪ Comparing clothed men and women at different stages of life</li> <li>▪ We are all unique and different shapes and sizes</li> </ul> Types of love: <ul style="list-style-type: none"> <li>▪ Understanding of the different types of love</li> </ul> Personal hygiene: <ul style="list-style-type: none"> <li>▪ Handwashing</li> <li>▪ Infection</li> </ul>	Changes as I grow up: <ul style="list-style-type: none"> <li>▪ Changes to boys</li> <li>▪ Changes to girls</li> <li>▪ Changes to both</li> <li>▪ Responsibilities</li> </ul> Hygiene: <ul style="list-style-type: none"> <li>▪ Antibiotics</li> </ul> Stereotypes: <ul style="list-style-type: none"> <li>▪ Exploring adverts</li> <li>▪ Challenging stereotypes in work and roles</li> </ul>	Physical changes: <ul style="list-style-type: none"> <li>▪ How boys and girls change from now to adulthood</li> <li>▪ The menstrual cycle and periods</li> <li>▪ Producing sperm</li> </ul> Emotional Changes: <ul style="list-style-type: none"> <li>▪ Concerns about growing up</li> </ul> Hygiene: <ul style="list-style-type: none"> <li>▪ Keeping clean related to puberty</li> </ul> Genetic Inheritance: <ul style="list-style-type: none"> <li>▪ Physical looks and traits</li> <li>▪ Nature/nurture</li> <li>▪ We are all unique</li> </ul>	Physical changes: <ul style="list-style-type: none"> <li>▪ Revisiting work from Year 5</li> <li>▪ Reproductive organs</li> </ul> Emotional Changes: <ul style="list-style-type: none"> <li>▪ Linked to puberty</li> </ul> Sexual Intercourse: <ul style="list-style-type: none"> <li>▪ The facts of the human life cycle</li> <li>▪ How a lady becomes pregnant</li> </ul> Relationships: <ul style="list-style-type: none"> <li>▪ What makes a healthy relationship?</li> <li>▪ What makes a family?</li> <li>▪ Birth and a new baby</li> </ul>