

## SUBJECT ACTION PLAN

**Subject:** PE and School Sports Premium

**Subject lead (s):** Sam Williams, Lorna Weaver, Sarah Taylor.

**Years:** 2019-2020 and 2020-2021

## CONTEXT

Our intent is to ensure that children:

- Belong by actively engaging in a range of sports within PE, Games and inter-house events.
- Explore through a wide-variety of opportunities, including traditional and non-traditional sports, throughout curricular and extra-curricular provision.
- Succeed by showing skill-development, teamwork and perseverance, as well as building upon their knowledge and understanding of health and fitness and game-specific tactics.
- Succeed in competitive environments, both individual and team.

We will also ensure that our PE and physical activity provision is supported by the School Sports Premium funding of £19,840. The Sports Premium indicators are:

- 1: Engagement of all pupils in regular physical activity (30:30)
- 2: The profile of PE and sport is raised across the school as a tool for whole-school improvement.
- 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4: Broader experience of a range of sports of activities offered to all pupils
- 5: Increased participation in competitive sport.



#### SUBJECT LONG-TERM PLAN (2-3 YEAR TIMESCALE):

##### Our three main aims for 2019, 2020 and 2021 are:

- To promote and engage the physical and mental well-being of all our children.
- To use existing tracking system to monitor participation in extra-curricular PE to enable us to engage less active individuals through lunchtime clubs.
- To continue to develop curriculum delivery by providing CPD to teachers, where requested, and utilizing these by providing extra-curricular opportunities and cascading new skills to other staff.

In light of Covid-19 the above targets, while still working on targets 2 and 3, these have been less accessible, therefore the following 2 targets were added.

- To monitor and develop the skills map across the curriculum to ensure that skills indicate progression and are being developed throughout the school.
- To establish a new assessment system which supports monitoring the progression of skills across the school.

#### SUBJECT PRIORITIES (1 YEAR TIMESCALE):

- To provide further opportunities for children across the school to access more curricular and extra-curricular physical activity.

In light of Covid-19, this target has been amended for 2020, as after March 2020 the current target is:

- To monitor and amend the current PE curriculum in light of COVID-19 and ensure we can still maintain that the progression of skills are taught across a range of sports. Further to this, to establish new assessment processes by January 2021 to monitor the progress of these skills.





**SUBJECT PRIORITY 1:** To provide further opportunities for children across the school to access more curricular and extra-curricular physical activity.

**AMENDED SUBJECT PRIORITY FOR 2020-2021:** To monitor and amend the current PE curriculum in light of COVID-19 and ensure we can still maintain that the progression of skills are taught across a range of sports. Further to this, to establish new assessment processes by January 2021 to monitor the progress of these skills.

**Member (s) of staff with overall responsibility:** Sam Williams, Lorna Weaver, Sarah Taylor

INTENT		IMPLEMENTATION				IMPACT	
Targets	Actions to be taken	By whom	By when	Resources /Budget	Success criteria	Monitoring	
<b>Sports Premium Allocation:</b> <i>Balance brought forward from 19/20: £3,569</i> <i>Allocated for 2020-2021:               £19,900</i> <b>Total for 2020-2021:               £23,469</b>							
To promote and engage the physical and mental wellbeing of all our children. <i>Links to Sports Premium indicators:</i>	To enter into a variety of inter-school competitions. Including providing opportunities for individuals to experience higher levels of competition.	SW/LW/ST  SW	Sept '19 and Sept '20  <i>Start of each term</i>	£5,000 to MoveMore ( <i>membership costs cover a number of targets</i> )  Within above costs.	<ul style="list-style-type: none"> <li><i>Buy in to Move More network, for provision of CPD and level 2/3 competition.</i></li> <li><i>All children to have opportunities to engage in 30 minutes of</i></li> </ul>	Inter-school competitions were completed up until 20 <sup>th</sup> March, when schools were closed. WHPS competed in: Football Leagues and Tournaments (Girls and Boys), Netball League, Hockey Competition, Key Steps Gymnastics for Years 1-2, 3-4 and 5-6, Feet First Dance Festival.	

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<p>1: Engagement of all pupils in regular physical activity (30:30)</p> <p>2: The profile of PE and sport is raised across the school as a tool for whole-school improvement.</p> <p>5: Increased participation in competitive sport.</p>					<p><i>activity each day.</i></p> <ul style="list-style-type: none"> <li>All children to be able to discuss the physical and mental benefits of exercise, at an age-appropriate level.</li> </ul>	<p>The girls' football team were unbeaten across the season, while the boys A team were awaiting the final of the Cheltenham league. The netball team were also unbeaten, with the semi-finals due to be played. This year saw our first entry into the gymnastics competition. Further sports would have been competed in during the summer term in inter-school competition: rugby, cricket, athletics plus the completion of the hockey, netball and football seasons.</p> <p>Up until this point, participation in inter-school sport included approximately 60% of our Y6 cohort.</p> <p>*Update Nov 2020 – As and when new opportunities become available for extra-curricular sport, these will be added.</p> <p>*Update March 2021 – Lockdown (Jan – March '21) has meant no level 2/3 competitions have yet run. These <b>may</b> commence from Easter.</p> <p>July 2021 – Inter-school competitions did not</p>

Targets	Actions to be taken	By whom	By when	Resources /Budget	Success criteria	Monitoring
	To provide yoga opportunities for <b>all</b> year groups across the academic years 2019-2020 and 2020-2021.	LW	<i>Each term from through 19/20 and 20/21</i>	£880 allocated for Summer 2021.	<ul style="list-style-type: none"> <li>Class teachers to monitor the impact of yoga on children's physical and mental well-being and feedback to PE team as to impact. This should assess the immediate day after the session, but also the longer term impact.</li> </ul>	<p>commence due to an increase in Covid-19 cases in the local area. The full programme should commence in September 2021.</p> <p><b>July 2021</b> – In April the school took part in 'England Does the Daily Mile' which raised awareness to teachers and pupils of the physical and mental health benefits of exercise.</p> <p>All of the year groups would have had an externally provided yoga session throughout the year. Those year groups that had the sessions (Y1, Y2, Y3, Y4), the children said these sessions were enjoyable and relaxing, whilst teachers reported that the children were calmer and more focused in lessons following their yoga sessions. These sessions were valued enormously by staff and children alike.</p> <p>Autumn 2020 – Yoga will be being timetabled back in once the instructor is well enough to return to school.</p>

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	To provide intra-school sporting opportunities by providing Move More coaches to run <b>100%</b> of house events.	SW/LW/Move More	<i>Each term from Sept '19 and Sept '20</i>	£125/day (Only one was able to run between September 2020 and March 2021, with 6 more planned in for Summer term 2021).	<ul style="list-style-type: none"> <li>All children in the school participate in our house events, experiencing the competitive environment and</li> </ul>	<p>Autumn 2020 - Sessions began in November 2020 with Y1 classes.</p> <p>Spring 2020 - Yoga is booked to begin from Easter 2021. These sessions will be provided to Year 4, Year 2 in Summer 1, followed by Year 5 and Year 6 in Summer 2.</p> <p><b>July 2021</b> - teachers have reported an increase in children's awareness of the need to focus and strategies to support them doing this. They have also fed back that after these sessions, the children are subsequently calmer in class. Some children have reported using some of the taught strategies as well to help them relax and focus at home.</p> <p>Move More ran house events which involved 100% of the pupils in our school. Up until March 2020, these were: House Cross Country, The Daily Mile Big Day, House Football, House Netball and House Rugby. The following events were missed due to Covid-19: House Frisbee, Athletics (Track</p>

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	To maximize the potential of teacher CPD by ensuring this is shared amongst other staff	LW/Move More	Throughout 19-20 and 20-21.	Real PE scheme subsidized by MoveMore membership to £1,300.	<p>developing the positive values of participation.</p> <ul style="list-style-type: none"> <li>Teachers support in the facilitation of these sessions and the children's development of good sportsmanship.</li> <li>CPD provided by experts in utilizing the</li> </ul>	<p>and Field events), House Cricket, House Tug of War, House Orienteering and House Rounders.</p> <p>While COVID-19 delayed the start of our 2020-2021 house events, in October '20 Move More supported our house x-country, providing medals and wrist bands for children who represented the school games values.</p> <p>After returning from Jan-March 2021 lockdown, we have since run House Daily Mile as a means by which to get the children more active whilst back at school.</p> <p><b>July 2021</b> – since March 2021, we have held Sports Week (House Rounders, House Frisbee, House Netball and KS1 and KS2 sports days) which provided all children with a wealth of activities to be active and participate in competitive situations. All children were engaged and the week developed the children's</p> <p>While some teachers had their CPD from Move More, they have not yet fed back to the wider teaching team due to</p>

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	and utilised, where possible, through clubs.			Additional CPD provided to Y5&6 by MoveMore covered by MoveMore membership. Additional CPD provided to YR,Y1,Y2,Y3&Y4 by Jamie Roberts @ The Sports Coach UK - £2,000	<p>selected scheme (Real PE).</p> <ul style="list-style-type: none"> <li>• CPD provided to all year groups to ensure confidence in teaching using the Real PE scheme, ensuring sustainability of sports premium funding.</li> <li>• CPD provided to all year groups to ensure confidence in teaching using the Real PE scheme, ensuring sustainability of sports premium funding.</li> <li>• At March 2021 - Focus of the CPD shifted toward Real PE to ensure</li> </ul>	<p>Covid-19. This will happen in the new academic year, along with any outstanding CPD. Staff have been reminded that planning should be stored on our shared drive to ensure its sustainability for the school. March '21 update – Focus for CPD has shifted from sport specific toward Real PE, after it became the core aspect of our new PE curriculum. CPD has been (or will be) provided by MoveMore and Jamie Roberts (The Sports Coach UK) to ALL classes by June 2021. Additionally, all staff attended training run by Natalie Bull which was enabled staff to understand the mindset and practical set up of Real PE.</p> <p><b>July 2021</b></p> <p>Real PE has been rolled out throughout the school and all teachers have received CPD which has increased the teacher's confidence and knowledge to deliver the scheme effectively. Teachers have commented how having videos to provide demonstrations for the children has increased their</p>

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	<p>To renovate the outside equipment available to both PE and Games and break and lunchtime activity, with a particular focus on KS2.</p> <p>To encourage structured games at break time and lunchtime will support both increased physical activity and more mindful, constructive play.</p>	SW/LW/ST/GF	Throughout 19-20 and 20-21	£7,000 + £3,500 for active lunchtime sessions for summer 2021 following lockdown 3.	<p>frim embedding and legacy of the new WHPS PE curriculum.</p> <ul style="list-style-type: none"> <li>• All children have regular access to the Daily Mile track and other avenues to regular activity in school time.</li> <li>• Children have regular access to active curriculum lessons within other curriculum areas.</li> </ul>	<p>confidence with delivering the scheme.</p> <p>Spending has been made to 'upkeep' existing equipment, but primarily expanding our provision for lunchtime and break time games to ensure these are healthier, more active periods. However, the expected spend was not yet completed due to Covid-19 and a full audit of our PE/Sports equipment/Renovation will happen in September 2020. October 2020: New free-standing football goals were purchased to bring our pitches in line with the regulation size for U11 football. This has allowed us to provide equal opportunity to more children (we now have 2 sets, rather than 1) and the pitches have also been standardized to further ensure equal opportunity for all. New Frisbee equipment were ordered, along with disc golf targets, to ensure new sports</p>

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	To maintain the profile of being active through the use of the daily mile track etc,	ST	Through 19-20 and 20-21			<p>can be taught in a way in line with Covid-19 regulations. From March 2021, active lunchtimes have been offered each week to ALL classes for the duration of Spring 2. Active lunches will continue into Summer 2021. Far fewer incidents of negative behaviour have been reported to teachers about lunchtime, which is having a positive impact on our children's wellbeing.</p> <p><b>July 2021</b></p> <p>Structured activities at lunchtime led by MDSAs and sports coaches are fully embedded across the school and this has significantly improved the activity levels of the children and as well as promoting constructive play. Staff have reported a decrease in behaviour issues and incidences due to this more structured play.</p> <p>100% of children participated in both our Well-being day and the Daily Mile Big day.</p>

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	including incentives and challenges (for example, running around the world in an academic year).					These promoted the importance of physical activity alongside its impact on mental well-being. All KS2 children have access to the daily mile track during break time and lunch times every day. Proposal for purchase of pedometers to promote individual challenge and activity to be discussed in 2020. Update March 2021 – On return from lockdown (Jan-March) a Daily Mile House Competition was organized to promote healthy living and ensure 100% participation in the competition.
	To increase the amount of time spent being active within other curriculum subjects to meet the active 30/30 incentive	ST/SW/LW Maths SLG- JA/JH English SLG – CR/BA/SW/GF	20-21	£1,000		Teach Active membership was purchased by Sports Premium and has enabled maths and English lessons to become more physically active. This has been primarily apparent across KS1, but has also been evident in all KS2 classes.  Active Maths is currently (Nov 2020) being promoted by the maths SLG to encourage its more frequent use in classes

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						for 2020, to support physical and mental health. Update February 2021 – This was brought up to staff again as a means by which we could continue to promote active learning on children's return from Jan-March 2021 lockdown.
2. To use existing tracking system to monitor participation in extra-curricular PE to enable us to engage less active individuals through lunchtime clubs. 1: <i>Engagement of all pupils in regular physical activity (30:30)</i> 4: <i>Broader experience of</i>	Ensure all staff enter data for their club participation, to be compiled by PE team.	SW/LW/ST/JA	Termly	None	<ul style="list-style-type: none"> <li><i>To ensure that all staff register participants so that participation in clubs is tracked and monitored.</i></li> <li><i>To increase physical activity at lunchtimes by developing opportunities for participation in lunchtime clubs</i></li> </ul>	<p><i>By March 2020, we had offered 14 different active clubs by March 2020. Children were registered for active clubs and the current participation levels (as at March 2020) were:</i>  <i>KS1: 40%</i>  <i>KS2: 60%</i>  <i>These figures represent a successful year for participation, though these levels are down on last year because summer clubs have vastly wider participation due to improved weather conditions. KS1 participation increases considerably in the summer.</i>  <i>No extra-curricular clubs have run between March 2020 and April 2021 due to Covid-19 restrictions.</i></p>

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<i>a range of sports of activities offered to all pupils</i>	Identify and target those children who are least active and look for trends in participation e.g. specific groups or reasons for lack of participation.	ST	<i>Targeting Autumn term, for intervention in Spring/Summer</i>	None	<ul style="list-style-type: none"> <li><i>Staff to recommend children who are less active to the PE team,</i></li> <li><i>PE team will then assess barriers to activity for these children,</i></li> </ul>	<p>Clubs are restarting in May 2021. Impact to follow. From the summer term 2021, 100% of children were involved in a weekly active lunch club. This was designed to ensure that all children, including those who had been the most sedentary during lockdown, had access to extra curricular physical activity. On top of this, many children took up the offer of after school clubs, which had been offered to all children. This has ensured the children restore a good level of physical fitness, but has also had positive impact on their social interactions with peers, thus supporting their mental health.</p> <p>Children were being targeted for interventions, but these were planned for the summer term 2020, so were unable to take place due to Covid-19. Following the Covid-19 lockdowns in 2020/2021, children became more sedentary. Due to the need for all children to have increased physical activity, and access to</p>

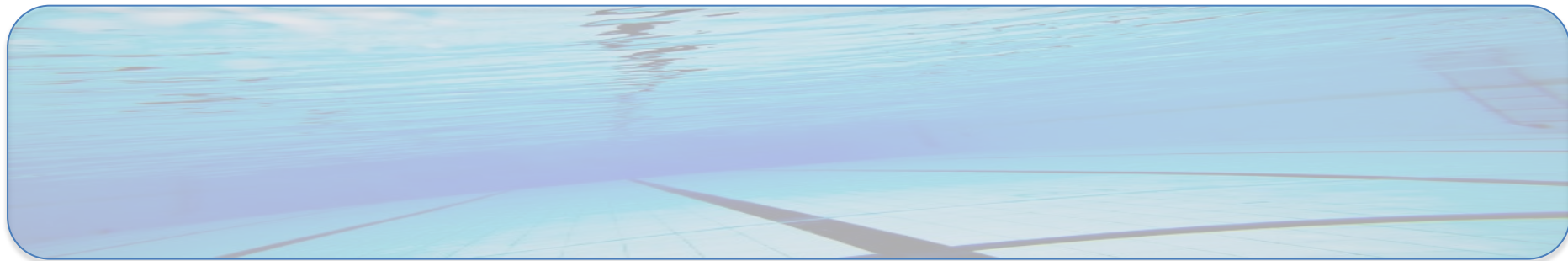
Targets	Actions to be taken	By whom	By when	Resources /Budget	Success criteria	Monitoring
	Discuss with focus groups about their participation and what could be done to improve it.	SW	Focus group in autumn term for actions in spring summer	None	<p><i>before seeking to provide active opportunities.</i></p> <ul style="list-style-type: none"> <li><i>PE team will then assess barriers to activity for these children, before seeking to provide active opportunities.</i></li> </ul>	<p>extra-curricular provision, targeting will no longer take place in the academic years 2020-2021.</p> <p>July 2021 –Some teachers have commented that how some of their 'less active' children are participating in active lunch sessions and these have been a positive experience for those children.</p>
	Buy into Move More network for provision of Change4Life club to target less active children.	RR/PE Team	Sept '19 planned for Summer 2020.	Cost no longer needed due to cancelled club.		<p>Our local football team, Cheltenham Town Football Club, were brought in to run a football club with Y3, as some children within that year had been identified as less active, so as to inspire their participation in physical activity. This was very well received by the children and promoted a love of sport, as well as physical activity.</p> <p>Club would have been due to run in Summer 2020, but was cancelled due to Covid-19.</p>

Targets	Actions to be taken	By whom	By when	Resources /Budget	Success criteria	Monitoring
3. To continue to develop curriculum delivery by providing CPD to teachers, where requested, and utilising these by providing extra-curricular opportunities and cascading new skills to other staff. 1: <i>Engagement of all pupils in regular physical activity (30:30)</i> 3: <i>Increased confidence, knowledge and skills of all staff in teaching PE and sport</i>	Buy in to Move More network, for provision of CPD. Staff to receive professional development for the teaching of PE (24 hours included within Move More membership, additional hours can be bought).	SW	Sept '19 and Sept '20	Cost inclusive in membership outlined in section 1	<ul style="list-style-type: none"> <li><i>All staff to have a clear understanding of the intent of our PE curriculum and to articulate how, in their year groups, PE skills are developed.</i></li> <li><i>All staff, who have undertaken CPD, to complete questionnaire defining how they feel it has impacted knowledge and understanding of teaching PE.</i></li> </ul>	As at March 2020, the PE team are re-writing the curriculum progression for PE at Warden Hill. We would have been delivering this as CPD to the wider teaching team in the summer term, but due to Covid-19 this will now take place in the autumn term. This will provide staff with a comprehensive understanding of the skills needed to be taught in their respective year groups across the different sports. It will also develop and enhance the way we assess PE at our school. The new timescale dictated to us by Covid-19 will enable 2020-2021 to be a 'bedding in' year with the new curriculum.
	To increase staff knowledge base and provide CPD opportunities.	SW /LW/ Move More	Sept '19 and Sept '20	Additional cost of CPD outlined in section 2.	<ul style="list-style-type: none"> <li><i>From March 2021 – staff to have a clear understanding of how Real PE is structured, combining the</i></li> </ul>	March '21 update – Focus for CPD has shifted from sport specific toward Real PE, after it became the core aspect of our new PE curriculum. CPD has been (or will be) provided by MoveMore and Jamie Roberts (The Sports Coach UK)

Targets	Actions to be taken	By whom	By when	Resources /Budget	Success criteria	Monitoring
4: Broader experience of a range of sports of activities offered to all pupils.					multi-abilities and fundamental movement skills. Further, how to teach the promotion of both of these sets of skills.	to ALL classes by June 2021. Additionally, all staff attended training run by Natalie Bull which was enabled staff to understand the mindset and practical set up of Real PE. <b>July 2021</b> All staff have received CPD training on the new Real PE scheme. Some staff have had CPD from the Sports Coach UK for their games sessions to enable them to link the multi-ability cog covered in Real PE.

# MEETING NATIONAL CURRICULUM REQUIREMENTS FOR SWIMMING AND WATER SAFETY.

What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? <b>N.B.</b> Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2021.	94%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	85%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	82%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Yes/ <b>No</b>



### How do we plan our PE?

From March 2021 we have been using the Real PE scheme for the bulk of our PE lessons. We have created a bespoke curriculum map which provides us with the benefits of the holistic Real PE approach but also supports our school desire to maintain a focus on sports-specific skills. The plans for these lessons come from the Lancashire PE scheme, but may also be supplemented by other planning provided from CPD training.

The Real PE scheme is designed to improve the fundamental movement skills (balance, agility and coordination) alongside developing the whole child using 'multi-abilities' (creative, applying physical, social, personal, cognitive and health and fitness).

*Please see curriculum map.*



### How do we teach and assess in PE?

PE and Games is taught twice a week in all year groups. This usually includes a Real PE session teaching the fundamental movement skills, plus one further session teaching gym, dance or another specific sport. Our assessments are focused on the progression fundamental movement skills and the multi-ability cogs. Once a term, the teacher will update the assessment wheel against the cogs or movement skills taught this term. This will be an assessment of In our first year of using the scheme, we will make baseline assessments, but moving forward the assessment wheel will move up with the class, providing an ongoing progression of skills assessment for the class.

