



## Our Singing Strategy

## Why Do We Sing?



*"It makes me feel happier.."*  
*"I love learning songs in different languages – we always learn something new.."*

*"You get chance to show other people what you can do and it makes you feel really good..."*

*"It helps me to breathe..."*

*"It can challenge you to be your best and keep improving.."*

*"It helps me focus and I'm more confident now..."*



Our children receive high quality classroom lessons and we love singing! We believe that every child should have multiple opportunities during their time at Warden Hill to experience singing as a whole school community as well as in class. Not only is it an essential part of the National Curriculum, it is a universally inclusive activity which celebrates each individual and promotes the health and wellbeing of all, children as well as staff.

### WHY IS SINGING IMPORTANT TO EVERY LEARNER?

- Singing improves learning outcomes**

Singing and music help pupils to become **confident learners**, able to apply **critical thinking**. Musicians make great problem-solvers with creative minds. Academic research consistently reports increased confidence and improved learning outcomes as a direct result of singing regularly. Other benefits include **improved self-esteem**, increased enjoyment in school life, deeper engagement in class and **enhanced social skills**.

- Singing is really good for you**

Singing works the respiratory system, so is good for the heart and lungs. It **triggers feel-good chemicals in the brain**, lifting our spirits. As well as this, some research has shown it can boost the immune system. What's more, something special happens when we sing in a group. Singing together **regulates breathing** and causes your heart rate to synchronise with everyone else in the choir.

- Singing creates strong communities**

Successful schools have a strong, cohesive culture with enthusiasm for learning. Singing well together has a deep impact on the school community, helping to strengthen the identity of the school and makes pupils **feel proud to be part of it**. Pupils, teachers, governors and parents alike enjoy the sense of community that singing brings to school life. **Quality songs and resources** help schools reach their goals. *Sing Up Website*

We sing as individuals and give solo opportunities as a class, as a year group and as a whole school community, including weekly assemblies, after school club and celebrations throughout the year. In addition, all of our children have multiple opportunities to perform and sing in our local church venue, in partnership with other schools, especially Cheltenham Prep school, with the Young Voices at the Birmingham Arena and our Town Hall. Some children choose to have Peripatetic Instrumental lessons, which give them greater skills and will go on to sing in other concerts and productions externally.

