



Barton Hall

Monday 10th July – Friday 14th July 2023

Agenda:

- What to expect
 - Example timetable
 - Accommodation
 - Groupings
 - Food
- Kit
- Important Information
- Risk Assessment – Roles of the adults at PGL
- Barton Hall Website





Schedule	Activities
07.00 - 08.50	Get up, get ready and fuel up for the day ahead with a hearty breakfast.
08.50 - 12.00	Morning activities - 2 sessions with a 10 minute break in-between.
12.00 - 13.50	Enjoy a fresh and tasty two-course hot lunch and some free time.
13.50 - 17.00	Afternoon activities - 2 sessions with a 10 minute break in-between.
17.00 - 19.00	Time to eat again - a different dinner menu each day.
19.00 - 21.00	Discos, campfires, quizzes and more - our evening entertainment programme keeps everyone engaged until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's ready to do it all again tomorrow!

Arrival day (Monday) and departure day (Friday) are different to this, but will include either evening entertainment or morning activities.

Arrival Monday late morning – exact time TBC and departure from site after lunch on Friday. Return time is usually between 5 and 6, but this will be communicated via Xpression nearer the time.



We have been allocated rooms that hold 6 children in each room. Teachers select the room allocations and the children in each room. In the next few days, the children will be asked to name 3 children with whom they would be happy sharing a room (this can be from friends across the year group), from which we guarantee they get at least 1 friend. We are unable to guarantee anymore but do everything in our power to keep friendship groups together. Activity groups can also be arranged to include friends missing from rooms.



Activities available

Liddington is one of our biggest centres - as a result, the range of activities here is vast! The Treetop Study Trail is unique to Liddington.

In the evenings there'll be a fun evening entertainment programme to keep everyone busy until bedtime!

[See the evening entertainment available at Liddington.](#)

Select an activity for a full description

Abseiling

The tower is over 10 metres high. The task – to walk backwards off the top, gradually working back towards ground level, suspended only on a rope. It's all about trust, courage and confidence. It's also a very dynamic way to learn calculating and controlling risk. Some children deal with heights more easily than others, but the support and encouragement of the rest of the group is important for each individual's success and will help strengthen peer relationships.

- Abseiling
- Abseiling
- Aeroball
- Archery
- Buggy Building
- Canoeing
- Challenge Course
- Climbing
- Crate Challenge
- Fencing
- Giant Swing
- Jacob's Ladder
- Orienteering
- Problem Solving
- Raft Building
- Sensory Trail
- Survivor
- Trapeze
- Vertical Challenge
- Zip Wire



As well as having a group with whom the children share a room, they will also be assigned to an activity group with whom they will complete their 4 activities each day. There are usually between 10 and 12 children in each group and this provides further opportunity for us to match-up friends.

Each of these activity groups is led by a WHPS adult, who is with the group at all times, alongside different qualified PGL instructors.

Food



Enjoyable mealtimes with nutritious and tasty food

Our meals are freshly cooked, balanced and will give your pupils plenty of energy to keep them going throughout the day.

- Hot and cold meals with vegetarian options
- Homemade soup every day
- Self-service salad bar
- Fresh fruit with every meal
- Allergies, intolerances and special diets catered for - see our [Teacher Guide](#)
- Support for fussy eaters - see our [Parent Guide](#)



[View our sample menu](#)

For breakfast, lunch and dinner, the children have access to buffet style meals where there is always a choice of different options on offer. The chefs are well informed and support an array of dietary requirements. If your child has particular dietary requirements, you will let us know on the information form and we would also advise looking at the Barton Hall website too. You may also like to do this if your child is a fussy eater! Please note, they are 'sample' menus only but food is always of a high standard.

Kit List



All essential activity and safety equipment is provided, but children will need personal clothing, footwear and wash bag. Brand new and expensive items should be left at home. Old, casual and easily washable clothes only.

All property should be marked with the students name and school name.

Clothing: inexpensive clothing can be purchased from Primark/supermarkets etc.

- Pyjamas
- Underwear x 6 (minimum)
- Socks x 6-8 pairs - including over ankle length (so they can tuck trousers/leggings into them)
- 2 or more sweatshirts or fleeces
- 3 T-shirts
- 3 Long sleeved T-shirts



Important information we will need from you.

Consent forms on the table – including important emergency contact information. The form also includes:

- Any regular or emergency medication that your child needs, including the **frequency** and **dosages**. We must know when your child needs the medication and how much is needed at each time.
- Whether your child has any dietary requirements.
- What your child's swimming competency/confidence is.

It is imperative that this letter is returned to the school office or class teacher by Friday 16th June at the latest or now if possible!



Risk Assessment & PGL Adults

As well as the Warden Hill risk assessments we will carry out, PGL and Barton Hall have their own risk assessments that they will adhere to. The previously mentioned important information forms are an integral part of our risk assessment.

Warden Hill staff will be supervising the children at all times throughout the trip, supported by PGL leaders. 2/3 of the PGL leaders will be assigned to any group, of which they will be trained on specific apparatus which they lead.

Contact

You will be contacted regularly throughout the trip via Xpressions to find out what we have been up to and an estimated arrival time back at Warden Hill on the Friday. You will only then be contacted further throughout by us if required.

PGL Risk assessments can be found here:

<https://www.pgl.co.uk/en-gb/school-trips/resources/teacher-guide/risk-assessments>

Calendar



PGL Parents Information Evening

6 June @ 5:00 pm - 6:00 pm

This session will include key information about the trip, but will also provide you the opportunity to ask any particular questions you might have about the residential and to tell us anything specific relevant to your child that you feel we should know.

You will also be given an information sheet to complete, which is an integral part of our risk assessment process. This can be completed on the night, or taken away with you but must be returned to school. This allows you to inform us of any medication your child may take, any allergies, contact numbers, doctor's details and swimming capability etc.

It would be great to have as many of you there as possible but all information shared will be available on the school website (through the calendar) after the evening.

In the meantime, we have attached our recommended kit list, which is different from the PGL list, should you wish to start preparing over the half term break.

[PGL Kit List 2023](#)

<https://wardenhill.gloucs.sch.uk/event/pgl-parents-information-evening/>



Any general questions?

For specific questions relating to your child and their PGL trip, please speak to one of us tonight or contact us via the school office.