



The Wilderness Centre
Plump Hill, Mitcheldean, Gloucestershire GL17 0HA

Year 4 Residential

24th – 25th June
2024

www.wilderness-centre.co.uk

Themes of the trip

Home from home: living in the house together, being clean and tidy

Challenge by choice: do something new - outside your 'comfort zone' - and respect the choices other people make

Encouragement: celebrate other people's successes, look after each other and be kind

Teamwork: working together, listen to each other - including teachers and Wilderness staff

Learn something new: about yourself, each other and Nature around you

Fun: have fun together, enjoy being outdoors in beautiful surroundings



Activities

(a 'round robin' in groups of 10-12)

- Archery
- Crate stack (high ropes)
- Low ropes course
- Tunnels
- Wildlife safari (with Gloucestershire Wildlife Trust)
- Orienteering
- Teamwork and problem solving

Day 1

Usual Timings	Activities
10.30am	Arrive
10.45am	Introductions Into bedrooms and unpack; tour of house and grounds
12:00pm	Lunch (packed lunch brought from home)
1.15pm	Activity
3.00pm	Activity
4.30pm	Down time Relax, play outside
5.30pm	Evening meal: Two courses
7.00pm	Evening activity: campfire and marshmallows
8.00pm	Get ready for bed

Day 2

Usual Timings	Activities
7.00am	Wake up
7.30am	Pack bags and tidy rooms
8.00am	Breakfast: Cooked breakfast (sausage, bacon, beans hash brown), toast, cereal, fruit juice
8.45am	Make packed lunch for the day (filled roll, flapjack, crisps, fruit)
9:30am	Activity
11.00am	Activity
12.30pm	Lunch Eat the lunch you made
1.00pm	Final games and relaxing
1.30pm	Goodbyes and coach to school



Food

We know that food is an important part of a school trip.

We aim to provide wholesome, home cooked food. We source much of our food locally and are starting to grow some of our vegetables.

We are used to dealing with a wide range of dietary requirements and preferences.

Accommodation

Spacious bedroom accommodation sleeping between 4 and 8 people on bunk beds with built in wardrobe spaces.

Girls and boys are separated with an “East” and “West” wing, on the same floor.





Kit List

Bedding (bottom sheet, sleeping bag/duvet, pillow case)

Toiletries

Towel

PJs

Clothes suitable for changeable weather

Waterproofs

2 x pairs of trainers

Slippers/sliders

Water bottle

Teddy

Packed lunch (Day 1)