

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## WEEK ONE

6 November  
27 November  
18 December  
22 January  
19 February  
11 March

Option One	Macaroni Cheese	BBQ Chicken with Rice	Roast Chicken with Roast Potatoes & Gravy	Spaghetti Bolognaise with Homemade Garlic Bread	Fish Fingers with Chips & Tomato Ketchup
Option Two	Vegetable Curry with Rice	Vegan Meatballs in a Tomato Sauce with Pasta	Vegetable Roast with Roast Potatoes & Gravy	Shepherdess Pie	Vegan Sausage with Chips & Tomato Ketchup
Option Three	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans or Cheese
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas & Baked Beans
Dessert	Cinnamon Swirl	Orange Drizzle Cake with Custard	Strawberry Jelly with Mandarins	Apple Crumble with Custard	Chocolate Shortbread

## WEEK TWO

13 November  
4 December  
8 January  
29 January  
26 February  
18 March

Option One	Vegetable Pasta Bake	Pork Sausage with Mashed Potato & Gravy	Roast Turkey with Stuffing, Roast Potatoes & Gravy	Greek Chicken Pitta with Cucumber Dip & Potato Wedges	Fish Fingers with Chips & Tomato Ketchup
Option Two	Spinach & Cheese Whirl with Cucumber Dip & Potato Wedges	Vegetable Fajitas with Rice	Vegan Sausage with Roast Potatoes & Gravy	BBQ Quorn with Rice	Cheese & Tomato Pizza with Chips
Option Three	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans or Cheese
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Greek Salad	Peas & Baked Beans
Dessert	Lemon & Berry Cake	Eves Pudding with Chocolate Sauce	Chocolate Orange Cookie	Plum & Vanilla Crumble with Custard	Cinnamon Cookie

## WEEK THREE

20 November  
11 December  
15 January  
5 February  
4 March

Option One	Lentil & Sweet Potato Curry with Rice	Chicken & Broccoli Pasta	Roast Gammon with Roast Potatoes & Gravy	Cottage Pie	Fish Fingers with Chips & Tomato Ketchup
Option Two	Tomato Arrabiata Pasta	Cheese & Tomato Pizza with New potatoes	Vegan Quorn with Roast Potatoes & Gravy	Vegan Burger with Potato Wedges	Cheese & Red Pepper Frittata with Chips & Tomato Ketchup
Option Three	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans or Cheese
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas & Baked Beans
Dessert	Vanilla Shortbread	Pear & Chocolate Upside Down Cake with Custard	Strawberry Jelly	Peach Crumble with Custard	Fruity Shortbread

## MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

**Available Daily:**

Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt