



# Join us at your School Nurse Hub for parents

We provide confidential, professional support with any concerns you may have for your child including healthy lifestyle, diet and exercise, self-esteem and resilience, sleep, dental health and hygiene, anxiety and behaviour

Drop in for an informal chat or take the opportunity to meet other parents with similar worries

**Your local hub:** Warden Hill Primary School, GL51 3DF

- 25/10/23 from 9.30am – 10.30am
- [www.ghc.nhs.uk/our-teams-and-services/school-nursing/hubs](http://www.ghc.nhs.uk/our-teams-and-services/school-nursing/hubs)

