




Barton Hall

Monday 8th July – Friday 12th July

Please return completed parent consent forms to the relevant class teacher.

Spare copies are available as required.

 **Parent consent form**
(to be retained by school – PGL do not require a copy)

Emergency details

Child's Full Name _____
Full postal Address _____

Date of Birth _____
Place of Birth _____
Parent / Guardian's Full Name _____
☑ Day _____
☑ Evening _____
☑ Mobile _____

Important Medical and Dietary Details

Name of Doctor _____
Please give details of any medical conditions, allergies or current medication. _____
Is your child allergic to any medication? Yes / No _____
If YES please give details. _____
Please give details of any special dietary requirements. _____

Swimming Ability

Is your child able to swim 50 metres or more? Yes / No _____
Is your child water confident (can duck head underwater & swim 15m in a life jacket/buoyancy aid without panic)? Yes / No _____
Is your child unable to swim? Yes / No _____



Declaration

I have read the information sheet provided and agree to my child's participation in the activities described. I believe that the information provided above is correct and will notify the course organiser of any changes as soon as possible. I agree to my child receiving medication as instructed and to any emergency dental, medical or surgical treatment as considered necessary by the medical authorities present. I understand the extent and limitations of the insurance cover provided.

Signature of Parent/Guardian _____
Date _____

The personal information supplied will only be used to allow PGL employees, agents, subcontractors and suppliers to provide the promised service to PGL's normal high standard.

PGL Travel Ltd, Alton Court, Pargray Lane, Ross on Wye, Herefordshire, HR9 5GL www.pgl.co.uk

Agenda



- What to expect @ PGL
- Kit
- Important Information
- Risk Assessment – Roles of the adults at PGL
- Barton Hall Website
- Diary Dates
- Questions



Schedule	Activities
07.00 - 08.50	Get up, get ready and fuel up for the day ahead with a hearty breakfast.
08.50 - 12.00	Morning activities - 2 sessions with a 10 minute break in-between.
12.00 - 13.50	Enjoy a fresh and tasty two-course hot lunch and some free time.
13.50 - 17.00	Afternoon activities - 2 sessions with a 10 minute break in-between.
17.00 - 19.00	Time to eat again - a different dinner menu each day.
19.00 - 21.00	Discos, campfires, quizzes and more - our evening entertainment programme keeps everyone engaged until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's ready to do it all again tomorrow!

Arrival day (Monday) and departure day (Friday) run differently to this, but will include either evening entertainment or morning activities.

Departure from WH Monday late morning – exact time TBC – and eat lunch on route. Leave PGL after lunch on Friday. Return time is usually between 5 and 6 – traffic dependent - but this will be communicated via Xpression nearer the time.



Last year, we were allocated rooms that hold 6 children in each room, but this can vary between 4 and 8. Teachers select the room allocations and the children in each room. In the next few days, the children will be asked to name 3 children with whom they would be happy sharing a room (this can be from friends across the year group), from which we guarantee they get at least 1 friend. We are unable to guarantee anymore than that but do everything in our power to keep friendship groups together. Activity groups can also be arranged to include friends missing from rooms.

Activities available

Liddington is one of our biggest centres - as a result, the range of activities here is vast! The Treetop Study Trail is unique to Liddington.

In the evenings there'll be a fun evening entertainment programme to keep everyone busy until bedtime!

[See the evening entertainment available at Liddington.](#)

Select an activity for a full description

Abseiling

The tower is over 10 metres high. The task – to walk backwards off the top, gradually working back towards ground level, suspended only on a rope. It's all about trust, courage and confidence. It's also a very dynamic way to learn calculating and controlling risk. Some children deal with heights more easily than others, but the support and encouragement of the rest of the group is important for each individual's success and will help strengthen peer relationships.

- Abseiling
- Abseiling
- Aeroball
- Archery
- Buggy Building
- Canoeing
- Challenge Course
- Climbing
- Crate Challenge
- Fencing
- Giant Swing
- Jacob's Ladder
- Orienteering
- Problem Solving
- Raft Building
- Sensory Trail
- Survivor
- Trapeze
- Vertical Challenge
- Zip Wire



As well as having a group with whom the children share a room, they will also be assigned to an activity group with whom they will complete their 4 activities each day. There are usually between 10 and 12 children in each group and this provides further opportunity for us to match-up friends.

Each of these activity groups is led by a WHPS adult, who is with the group at all times, alongside different qualified PGL instructors.

Food

Enjoyable mealtimes with nutritious and tasty food

Our meals are freshly cooked, balanced and will give your pupils plenty of energy to keep them going throughout the day.

- Hot and cold meals with vegetarian options
- Homemade soup every day
- Self-service salad bar
- Fresh fruit with every meal
- Allergies, intolerances and special diets catered for - see our Teacher Guide
- Support for fussy eaters - see our Parent Guide



[View our sample menu](#)

For breakfast, lunch and dinner, the children have access to buffet style meals where there is always a choice of different options on offer. The chefs are well informed and support an array of dietary requirements. If your child has particular dietary requirements, you will let us know on the information form and we would also advise looking at the Barton Hall website too. You may also like to do this if your child is a fussy eater! Please note, they are 'sample' menus only but food is always of a high standard.

Kit List



All essential activity and safety equipment is provided, but children will need personal clothing, footwear and wash bag. Brand new and expensive items should be left at home. Old, casual and easily washable clothes only.

All property should be marked with the students name and school name.

Clothing: inexpensive clothing can be purchased from Primark/supermarkets etc.

- Pyjamas
- Underwear x 6 (minimum)
- Socks x 6-8 pairs - including over ankle length (so they can tuck trousers/leggings into them)
- 2 or more sweatshirts or fleeces
- 3 T-shirts
- 3 Long sleeved T-shirts

Important information we need from you:



Consent forms on the table – including important emergency contact information.

The form also includes:

- Any regular or emergency medication that your child needs, including the **frequency** and **dosages**. We must know when your child needs the medication and how much is needed at each time.
- Whether your child has any dietary requirements.
- What your child's swimming competency/confidence is.

Please return this to the school office or class teacher by Friday 10th May

Important information we need from you:



When your child arrives at school on Monday 8th July, they must have:

- *1 small case or a large holdall*
- *1 backpack with what they need for the day, plus for day-to-day use at PGL (will include an inhaler if they have one, as well as a water bottle, sun cream/hat as required)*
- *Named purse/wallet with up to £20 in*
- *Named bag with any regular/emergency medications - including dosages and times to be taken - clearly written on*

PGL Information/Communication



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Year 6 PGL

11/07/2023

Thursday 13 July

Another jam packed day with more water activities, problem solving and harness based activities for everyone, capped by a group photo op in disco outfits! Our final full day has now been and gone and we're in the midst of packing – we'll see you tomorrow!!



Wednesday 12 July

Another amazing day with lots of smiles and proud faces. Many children had their favourite activities so far in raft building and giant swing – one more full day culminating in a final ship visit and the much anticipated disco to come!



Risk Assessment & PGL Adults



As well as the Warden Hill risk assessments we will carry out, PGL and Barton Hall have their own risk assessments that they will adhere to. The previously mentioned important information forms are an integral part of our risk assessment.

Warden Hill staff will be supervising the children at all times throughout the trip, supported by PGL leaders. 2/3 of the PGL leaders will be assigned to any group, of which they will be trained on specific apparatus which they lead.

Contact

You will be updated regularly throughout the trip via the website to find out what we have been up to and an Xpression with an estimated arrival time back at Warden Hill on the Friday. *You will only then be contacted further if we deem required.*

PGL Risk assessments can be found here:

<https://www.pgl.co.uk/en-gb/school-trips/resources/teacher-guide/risk-assessments>

Dates for your diaries

UKS2 Sports Day: Wednesday 22nd May

Transition days/week
(for most secondary schools): WB 1st July

Y6 Performance 1: Monday 1st July

Y6 Performance 2: Tuesday 2nd July

Y6 PGL Week: Monday 8th – Friday 12th July

Y6 Leavers' Assembly: Friday 19th July

Any general questions?

For specific questions relating to your child and their PGL trip, please speak to one of us today or contact us via the school office.