

Oakwood Children & Family Centre Timetable

April – July 2026

Monday

**Speech and Language
Therapy Clinic**
(Appt Only)
8.30am-4.30pm

Thriving Together
09.00am-10.30am
Booking Required

Baby Sling Library
2nd Mon of the month
10:00am-12:00pm

Childminders Stay & Play
0-5yrs
3rd Mon of the month
10.00am-11.30am

**La Leche Breastfeeding
Support Group**
Last Mon of the Month
2:00pm-3.30pm

CTFC Little Robins
18month - 4 years
27th April
09.45am-10.30am
Booking Required

Young Carers (invite only)

Tuesday

Aspire Stay & Play
0-5 yrs
1.30pm-3.00pm

Adult Education
Family First Aid Workshop
Weds 29th April
09.30am-11.30am

**Understanding a
Neurodivergent child**
Tues 9th June & 16th June
08:45am-11.30am

Booking Required

**Oscars Reading Corner
Family Story Time**
0-5yrs
Monday 1st June
10.00am-11.00am

Booking Required

Wednesday

Development Checks
(Appt Only)
09:30-12:30pm

Pre-CAAAS Clinic
(Appt Only)
1st Wed of the month
8.30am-4.30pm

**Coffee & Chat
Drop-In Session**
1.30pm - 3:00pm
4th Weds of the month

Pop in to find out more about what is on offer at the Children and Family Centre, meet the team and ask questions you might have about family life. Organisations will be popping in too

Thursday

**Speech & Language
Therapy Clinic**
(Appt Only)
8.30am-12.30pm

Development Checks
(Appt Only)
9.30am—12.30pm

**Aspire
Workshops
Managing Emotions
Workshop**

**Weds 13th May
9.30-11.30am**
Oakwood Children and Family
Centre
**Weds 24th June
12.30-2.30pm**
at Brockworth Children and
Family Centre

Booking required



Friday

**Speech & Language
Therapy Clinic**
(Appt Only)
8.30am—4.30pm

**Baby Hub Stay and
Weigh**
10:00am—11.30am

Development Checks
(Appt Only)
09:30am-12:30pm

**Solihull Parenting
Course**
Understanding your
child's behaviour and
supporting parent child
relationships
9 week course run
termly across our
children centres
Contact the centre for
details



Stay & Play



Stay and play sessions are for parents/carers and their children 0-5 yrs.

Our groups will give you the chance to engage with your child through play with a range of activities that will promote your child's development. Staff will be on hand to give advice and support. Come along and meet new people and make friends.



Young Carers (Invite only)

In partnerships with Gloucestershire Young Carers we run weekly support sessions for Children aged 8-11 who have been identified as having a caring responsibility for a parent or sibling. This gives an opportunity to come and have fun and share similar experiences with other children



Baby Hub Stay & Weigh

Come and get your baby weighed & seek health advice. You have the opportunity to stay to interact with other parents and engage in play activities with your child/ren. Community Family Workers will also be around on 1st & 3rd Tues of month to offer support and advice around parenting and raising your family.

Aspire Workshops Managing Emotions Workshop



Children can often express their emotions in many different ways. We welcome you to join us for this interactive workshop to increase your understanding of the importance of managing emotions. Gain advice, helpful tips and strategies to support in regulating your child's emotions. Aimed at parents with children under 11.

Midwife

Appointments

Attend your routine midwife appointment here



Speech and Language Appointments

Attend your Speech and Language appointment here, which will help your child's speech and communication



Development Checks

Attend Health Visitor routine development checks here by appointment for your child at 9mths and 2yrs



Baby Sling Library

Sling Meets run by Cheltenham and Gloucester Sling library;



are friendly support sessions which are facilitated by qualified Sling Consultants and Peer Supporters. At present you must book a support session before attending.

All sessions cost £5 per family.

Our aim is to give parents the most up to date, safety focussed information to enable them to enjoy wearing their babies and children for as long as they wish. For more information and bookings www.cheltgloucslinglibrary.co.uk

Adult Education



Understanding A Neurodivergent child 9th and 16th June 8:45 - 11.30am

A 2 week course looking at Autism and ADHD, how they can present and how to support someone with neurodivergence. This course provides a safe space to gain a deeper understanding of a neurodivergent child.

Family First Aid Workshop 29th April 09:30 - 11.30am

The session will be led by a qualified 1st Aid tutor. A chance to find out about basic first aid skills for your family. Criteria applies. To book, please contact Lesley.andrew@gloucestershire.gov.uk

La Leche Breastfeeding Support Group

Our mission is to help mothers worldwide to breastfeed through mother-to-mother support, encouragement, information, and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother.



La Leche League GB

Childminders Stay and Play Under 5's

Stay and Play session for childminders to come together to connect, support each other and opportunity for children to play. This session is run by childminders themselves



Cheltenham Town Football Trust Little Robins Sessions

Get your little ones started on their football journey with Little Robins, a fun and interactive session for children aged 18 months to 4 years.

Our sessions are designed to introduce children to the exciting world of football through play, games, and physical activities, all while helping to develop their motor skills, coordination and confidence.

Look out on our Facebook page for details to book



Family Story Time Sessions

A themed interactive story session with a craft activity too. £1 per child

Booking required



Coffee & Chat Drop-In Session



1.30pm- 3:00pm

4th Wednesday of the month

Pop in to find out more about what is on offer at the Children and Family Centre, meet the team and ask questions you might have about family life.

Look out on Facebook for when organisations will be popping in too!



Thrive Together Course

Learn how to make life easier, batch cook, save money and feel good. **Topics covered** Budgeting basics, Money saving tips, Managing debt, Feel good and save money, Christmas budgeting, New year new habits!

Book for a block of sessions

<https://forms.gle/KAZymjg8Gwa3WXA7>

